

PREVIOUS MEDICATIONS : *Last 5 years*

MEDICATION	DOSE	FREQUENCY	START DATE (MONTH/YEAR)	REASON FOR USE

**NUTRITIONAL SUPPLEMENTS
VITAMINS/MINERALS/HERBS/HOMEOPATHY):**

SUPPLMENT AND BRAND	DOSE	FREQUENCY	START DATE (MONTH/YEAR)	REASON FOR USE

Have your medications or supplements ever caused you unusual side effects or problems?

Yes No Describe: _____

Please check box below if yes and provide date of onset:

RESPIRATORY DISEASES

- | | |
|--|---|
| <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> Sleep Apnea _____ |
| <input type="checkbox"/> Bronchitis _____ | <input type="checkbox"/> Pneumonia _____ |
| <input type="checkbox"/> Emphysema _____ | <input type="checkbox"/> Tuberculosis _____ |
| <input type="checkbox"/> Chronic Sinusitis _____ | <input type="checkbox"/> Other _____ |

CARDIOVASCULAR

- | | |
|---|--|
| <input type="checkbox"/> Hypertension (high blood pressure) _____ | <input type="checkbox"/> Other Heart Disease _____ |
| <input type="checkbox"/> Elevated Cholesterol _____ | <input type="checkbox"/> Mitral Valve Prolapse _____ |
| <input type="checkbox"/> Heart Attack _____ | <input type="checkbox"/> Rheumatic Fever _____ |
| <input type="checkbox"/> Stroke _____ | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Arrhythmia (irregular heart rate) _____ | |

NEUROLOGIC/MOOD

- Depression _____
- Anxiety _____
- Bipolar Disorder _____
- ADD/ADHD _____
- Schizophrenia _____
- Autism _____
- Mild Cognitive Impairment _____
- Headaches _____

- Migraines _____
- Memory Problems _____
- Parkinson's Disease _____
- Multiple Sclerosis _____
- ALS _____
- Seizures _____
- Other Neurological Problems _____

GASTROINTESTINAL

- GERD (reflux) _____
- Gastritis or Peptic Ulcer Disease _____
- Ulcerative Colitis _____
- Irritable Bowel Syndrome _____

- Inflammatory Bowel Disease _____
- Crohn's _____
- Celiac Disease _____
- Other _____

METABOLIC/ENDOCRINE

- Type 1 Diabetes _____
- Type 2 Diabetes _____
- Hypoglycemia _____
- Metabolic Syndrome _____
- (Insulin Resistance or Pre-Diabetes) _____
- Hypothyroidism (low thyroid) _____
- Hyperthyroidism (overactive thyroid) _____
- Polycystic Ovarian Syndrome (PCOS) _____
- Infertility _____

- Weight Gain _____
- Weight Loss _____
- Frequent Weight Fluctuations _____
- Bulimia _____
- Anorexia _____
- Binge Eating Disorder _____
- Night Eating Syndrome _____
- Eating Disorder (non-specific) _____
- Other _____

GENITAL AND URINARY SYSTEMS

- Frequent Urinary Tract Infections _____
- Frequent Yeast Infections _____
- Kidney Stones _____
- Interstitial Cystitis _____

- Gout _____
- Erectile Dysfunction or Sexual Dysfunction _____
- Other _____

MUSCULOSKELETAL/PAIN

- Osteoarthritis _____
- Fibromyalgia _____

- Chronic Pain _____
- Other _____

SKIN DISEASES

- Eczema _____
- Psoriasis _____
- Acne _____

- Melanoma _____
- Skin Cancer _____
- Other _____

INFLAMMATORY/AUTOIMMUNE

- Chronic Fatigue Syndrome _____
- Autoimmune Disease _____
- Rheumatoid Arthritis _____
- Lupus SLE _____
- Immune Deficiency Disease _____
- Herpes-Genital _____
- Severe Infectious Disease _____

- Poor Immune Function _____
- Frequent infections _____
- Food Allergies _____
- Environmental Allergies _____
- Multiple Chemical Sensitivities _____
- Latex Allergy _____
- Other _____

CANCER

- Lung Cancer _____
- Breast Cancer _____
- Colon Cancer _____

- Ovarian Cancer _____
- Prostate Cancer _____
- Skin Cancer _____

INJURIES

Check box if yes: Back Injury Head Injury Neck Injury Broken Bones

SURGERIES

Check box if yes and provide date of surgery

- Appendectomy _____
- Hysterectomy + / - Ovaries _____
- Gall Bladder _____
- Hernia _____
- Tonsillectomy _____
- Dental Surgery _____

- Joint Replacement – Knee/Hip _____
- Heart Surgery-Bypass Valve _____
- Angioplasty or Stent _____
- Pacemaker _____
- Other _____
- None _____

PREVENTIVE TESTS AND DATE OF LAST TEST

Check box if yes and provide date

- Full Physical Exam _____
- Bone Density _____
- Colonoscopy _____
- Cardiac Stress Test _____
- EBT Heart Scan _____
- EKG _____

- Hemocult Test-stool test for blood _____
- MRI _____
- CT Scan _____
- Upper Endoscopy _____
- Upper GI Series _____
- Ultrasound _____